



NATIONAL  
HEART MONTH  
February



# The Knightly News

Volume 26, Issue 2

Council 11514, Monument, Colorado 80132, Randy Fritz, Grand Knight

February 2021

It is also the very channel of eternal life: Jesus himself.

In John's gospel, Jesus summarized the reasons for receiving Holy Communion when he said:

"Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day... This is the bread which came down from heaven, ... he who eats this bread will live forever" (John 6:53–58).

Because of the gravity of Jesus' teaching on receiving the Eucharist, the Church encourages Catholics to receive frequent Communion, even daily Communion if possible, and mandates reception of the Eucharist at least once a year during the Easter season. Before going to Communion, however, there are several things one needs to know.

The Catholic Church sets out specific guidelines regarding how we should prepare ourselves to receive the Lord's body and blood in Communion. First, you must be in a state of grace. This is an absolute requirement that can never be dispensed. To receive the Eucharist without sanctifying grace in your soul profanes the Eucharist in the most grievous manner.

A mortal sin is any sin whose matter is grave and which has been committed willfully and with knowledge of its seriousness. For further information on what constitutes a mortal sin, see the Catechism of the Catholic Church.

Second, you must have been to confession since your last mortal sin.

The requirement for sacramental confession can be dispensed if four conditions are fulfilled: (1) there must be a grave reason to receive Communion (for example, danger of death), (2) it must be physically or morally impossible to go to confession first, (3) the person must already be in a state of grace through perfect contrition, and (4) he must resolve to go to confession as soon as possible.



## Dear brother Knights

In the recent weeks I have been asked about receiving Holy Communion. Here I would like to offer few tips and thoughts. They are based on the scripture and the teaching of the church.

The [Holy Eucharist](#) is the most important of the seven sacraments because, in this and in no other sacrament, we receive the very body and blood, soul and divinity of Jesus Christ. Holy Communion is an intimate encounter with Christ, in which we sacramentally receive Christ into our bodies, that we may be more completely assimilated into his. "The Eucharist builds the Church," as Pope John Paul II said (*Redemptor Hominis* 20).

Third, you must believe in the doctrine of transubstantiation. “For anyone who eats and drinks without discerning the body eats and drinks judgment upon himself” (1 Cor. 11:29). **Transubstantiation** means more than the Real Presence. According to transubstantiation, the bread and wine are actually transformed into the actual body, blood, soul, and divinity of Christ, and only the appearances of bread and wine remain.

Fourth, you must observe the Eucharistic fast. Canon law states, “One who is to receive the most Holy Eucharist is to abstain from any food or drink, with the exception only of water and medicine, for at least the period of one hour before Holy Communion” (CIC 919 §1). Elderly people, those who are ill, and their caretakers are excused from the Eucharistic fast (CIC 191 §3).

Provided they are in a state of grace and have met the above requirements, Catholics should receive the Eucharist frequently (CIC 898).

The guidelines for receiving Communion, which are issued by the U.S. bishops and published in many missalettes, explain, “Because Catholics believe that the celebration of the Eucharist is a sign of the reality of the oneness of faith, life, and worship, members of those churches with whom we are not yet fully united are ordinarily not admitted to Communion. Eucharistic sharing in exceptional circumstances by other Christians requires permission according to the directives of the diocesan bishop and the provisions of canon law.”

It is normally impossible for non-Catholic Christians to receive Holy Communion.

Another reason that many non-Catholics may not ordinarily receive Communion is for their own protection, since many reject the doctrine of the Real Presence of Christ in the Eucharist. Scripture warns that it is very dangerous for one not believing in the Real Presence to receive Communion: “For any one who eats and drinks without discerning the body eats and drinks judgment upon himself” (1 Cor. 11:29).

Communion may be received either in the hand or on the tongue. Around the year A.D. 390, Cyril of Jerusalem indicated that the early Church practiced Communion in the hand when he instructed his audience: “Approaching, therefore, come not with thy wrists extended, or thy fingers open; but make thy left hand as if a throne for thy right, which is on the eve of receiving the King. And having hallowed thy palm, receive the body of Christ, saying after it, Amen. (Catechetical Lectures 23:22).

The Congregation of the Sacraments and Divine Worship permitted the U.S. Bishops’ Conference to authorize reception of Communion in the hand on July 25, 1977. No priest, deacon, acolyte, or extraordinary minister of Holy Communion may refuse a communicant Communion on the tongue. Likewise, once the local bishop has introduced

Communion in the hand, none may refuse a communicant Communion in the hand.

The Church mandates that: “The faithful are to be recommended not to omit to make a proper thanksgiving after Communion.

After receiving Jesus into one’s own body and being drawn more closely into his, how could one do any less?

Hopefully these few words can help us all to understand the importance of the Eucharist in our lives.

Fr. G



## Saint of the Month

*Month of the Passion of our Lord*

Feast Day: February 7  
Beatified: September 3, 2000  
Venerated: July 6, 1985

Pius IX was the Holy Father of the Catholic Church longer than any other pope, from 1846 to 1878. It was a difficult time to be the leader of the Church because of political conflicts between nations and religious arguments about the Church’s place in the world. No matter what kinds of problems the pope and the Church faced, Pius IX always turned to God

for help and direction.

Pius IX was born in Italy in 1791. His name was Giovanni Maria Mastai-Ferretti. Giovanni grew up wanting to be a priest, and he followed that goal step by step until he was ordained in 1819. His first assignment was in an orphanage, where he was known for the love he shared with the children. Soon he was sent to South America to work for an important Church official.

After Father Giovanni returned home, he was made the archbishop of a diocese. When a revolution broke out, Giovanni was the peacemaker. He convinced the two sides to stop fighting. Soon he was assigned to a larger diocese and was named a cardinal. When Pope Gregory XVI died, Cardinal Mastai-Ferretti was elected pope. He chose the name Pius IX.

Pope Pius IX is famous for declaring two important Church teachings. First, he proclaimed the teaching of the Immaculate Conception in his Apostolic Constitution, *Ineffabilis Deus*, on December 8, 1854. Our belief in the Immaculate Conception is that the Blessed Mother Mary was free from all sin, including Original Sin, from the first moment of life when she was conceived in her mother's womb and remained without sin her entire life. Pius IX made this teaching official after consulting with the bishops of the Church and spending many hours in prayerful reflection.

The First Vatican Council was called together by Pius IX. This gathering of all the bishops of the Church and the pope is called an ecumenical council. A pope calls for an ecumenical council so that Church leaders can work together, under the guidance of the Holy Spirit, to explain the faith or better explain Church teachings.

At the First Vatican Council, Pope Pius and the bishops declared the teaching of infallibility. This means that when the pope and bishops teach together on our faith and morality, or way of living, they always teach the truth. Infallibility is a gift of the Holy Spirit, given to the Church to ensure that the teachings of the Church will always remain true and protected from errors.

Pius IX, who died in 1878, was the first pope to be photographed. He was beatified in 2000 by Pope

John Paul II. As our leader, he helped us grow in our understanding of what Catholics believe. We can pray to Blessed Pius, asking him to help us follow in the footsteps of Jesus by living all the teachings of our Church.

## Knights in Action



Council 11514 held a First, Second, and Third Degree Exemplification on Wednesday, 06 January in St. Peter's Church bringing four new Knights into the council. The new members are:

**Seth Fritz**  
**Grant Reinicke**  
**Randy Barker**  
**Robert Salaski**

The new Exemplification is preferably conducted in the church with family members invited and encouraged to attend. Father Golyzniak was in attendance as the Council Chaplain, and newly appointed District 26 Deputy Tony Riccardelli observed the Exemplification and complimented the degree team on a job well done. Following the Knighting, the Patriotic Rosary was prayed and the Knight of the Year, **Jim Desautel**, and Family of the Year, **Bob and Theresa Knapp** were announced. The Knapps were presented a well-earned plaque for all their service to church and community throughout the year. Jim Desautel was not present due to his medical condition and the ongoing pandemic, but he carried on throughout the year as Financial Secretary despite undergoing debilitating chemotherapy.



***Theresa and Bob Knapp pose with Grand Knight Randy Fritz after receiving the Family of the Year Award.***



***Could You Use a Helping Hand?***

Members of Council 11514 continue to offer assistance to parishioners and community residents who are homebound during the pandemic under the program, “*No Neighbor Left Behind*”. The assistance includes performing chores inside and outside the home, chopping firewood and transportation to and from medical appointments. Numbers of people helped are hard to come by since many of the Knights who help do it anonymously without the thought of being recognized. Special thanks to those men who help and exhibit our principles of charity and fraternity.



**Alan and Sandy Feldkamp**

***Photo Courtesy: Debby Dover***

On Dec 30, 2020, at 9:18 AM, Joseph Figueroa <[JosephF@tri-lakescares.org](mailto:JosephF@tri-lakescares.org)> wrote:

Good morning Sandy!

Thank you so much for St. Peter Catholic Church participating in our Giving Tree program this year! And thank you for all of your coordination with St. Peter as well as the distribution center. We want to give you an extra shout-out as you went

above and beyond for our program this year. Plus, St. Peter alone fulfilled approximately 560 ornament requests! Your church's generosity went a long way to help families celebrate the holidays. Please pass this information along to share amongst your church 😊

Overall, we were able to serve 138 kids and 54 seniors with their requested gifts as well as provide more than 155 households with a holiday meal. This is a significant achievement amid the COVID-19 pandemic. Despite social distancing measures and transitioning to an online format via SignUpGenius for the first time, we were able to distribute more than 1600 gifts, gift cards, socks, games, and food items, which is an 85% fulfillment rate (compared to 1330 gifts distributed in 2019 at a 76% fulfillment rate). This amounted to approximately \$30,000 worth of goods and services provided to families in need through the Giving Tree program. Most importantly, everyone who requested gifts was served this year! The fact we were able to improve our contributions during these unprecedented times is remarkable and speaks volumes of the heart of our community. Your efforts helped make this program possible as we could not do it without your support.

Tri-Lakes Cares continues to serve struggling families year-round. We provide groceries and household goods, school supplies, books, snack packs for kids, and medical supplies on an ongoing basis. We also provide financial assistance for those unable to afford their rent, utilities, car repairs, and medical bills to qualifying families and individuals. If you are interested in supporting our organization through financial contributions or donated goods, please reach out to our Development Specialist, Christine Bucher (email: [ChristineB@tri-lakescares.org](mailto:ChristineB@tri-lakescares.org); phone: 719-481-4864 x113) or visit our website at <https://tri-lakescares.org/donate/>.

From everyone at Tri-Lakes Cares, thank you for serving our community well and happy New Year!!!



## ANNUAL DUES

It is that time of the year for annual dues to be paid to the Council and the Fr. Kekeisen Assembly. Dues for the Council are \$24.00 per year and \$20.00 for the Assembly. The

money can be given at the regular business meeting or mailed to:

For the Council:

Check to St. Peter's Council 11514

**FS Jim Desautel**

**16261 Hobson Place**

**Monument, Colorado 80132**

For the Assembly:

Check to Fr. Kekeisen Assembly 2594

**FC James Taylor**

**1061 Caribou Drive West**

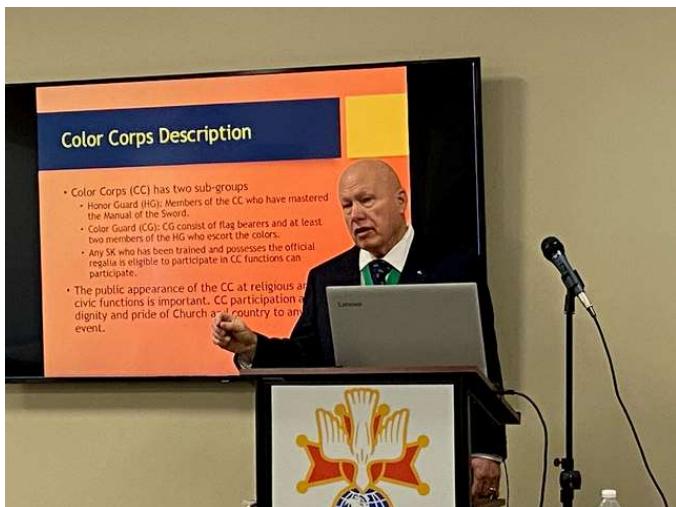
**Monument, Colorado 80132**



Brother Knight **Andre Bergeron** poses with certificates announcing him as winner of the Christmas Holiday Best Overall home winner in Palmer Lake for two years in a row.



## ASSEMBLY NEWS



**SK Bob Knapp**, Colorado Springs Diocesan District Marshal addresses assembled Fourth Degree Knights about responsibilities of the Color Corps. The Color Corps is called upon to provide an honor guard at funerals, for special events such as ceremonies presided over by the bishop and Fourth Degree installations. The men were given instructions on wear of regalia, sword drill and voice commands.

Flag raising ceremonies will continue at St. Peter's Catholic school on a quarterly basis, depending on weather conditions. The ceremony follows the students' Mass on Tuesday and includes the Pledge of Allegiance and singing The Star Spangled Banner. SK Dave McCloy gives a recitation of the meaning of the stars and stripes on the American flag.



## Socks for Vets

FR. Kekeisen Assembly continues its Socks for Vets campaign. When veterans are questioned about what they need the most, the answer is almost always "socks". Please consider bringing new socks to the next Assembly meeting for these veterans who have given so much for our country.



## Monthly Council Mass

The Knights normally celebrate Mass as a group on the first Sunday of each month at the 0800 Mass. The Council also has these Masses said for members or family members who are ill or deceased. Unfortunately, Mass for parishioners has been limited throughout the State of Colorado due to the spread of the Corona virus, but as of this writing, the number of parishioners allowed in the church is slowly increasing and our priests continue to celebrate Mass daily. If you know of any Knights, or family members, who should have a Mass intention, please contact **Bob Leise at 302-681-2182.**



## Word of the Month

**SACRARIUM:** A basin with a drain leading directly into the ground; standard equipment of a sacristy. Because of expansion of St. Peter's Church, the sacrarium is now found behind the altar.

~ from the *Catholic Word Book*



## Sermonette

*The gate to the way of life is narrow, but God's grace is there to help us.*

Jesus fulfills the law, teaching and modeling the way to perfection. Following him ensures we do not get lost on the broad road that leads to destruction. For though the gate to the way of life is narrow, it is in no way impossible to enter. God's grace is there to help us follow his commands and lead a faithful life.



## Your Insurance Corner

### *LTC is an important piece of the puzzle*

There are many financial consultants and retirement authorities who emphasize the need for a long-term care (LTC) product for estate preservation and family protection as you near or attain the age of 60.

While many commercial insurance companies have gotten out of the long-term care business, the Knights of Columbus considers LTC a very important piece of the family protection puzzle. The Order has been actively offering our members this product for nearly 23 years without a single premium increase on current policy holders. Members who wisely purchased an LTC plan from the Knights in 2000 are still paying the same premium today. Even better, our LTC coverage is backed by the full strength of the Order, which remains rooted in our strong Catholic values. Talk about stability when it counts.

If we have not spoken about your need for LTC coverage in your family portfolio, please take some time out of your schedule to meet with me.

Remember, long term care policies are purchased with your health, and you most likely will never be any healthier than you are today.

I look forward to meeting with each of you to discuss your family's long-term care needs. Call me, your brother Knight and K of C field agent:

**Kip Gaisford**  
**Telephone 719-332-2938**  
**E-mail: [Kip.Gaisford@KofC.org](mailto:Kip.Gaisford@KofC.org)**



- 03 Feb – Council Business Meeting – 1900 – Parish Center or on Zoom
- 12 Feb – Lincoln's Birthday
- 14 Feb – Valentine's Day
- 17 Ash Wednesday – Beginning of Lent
- 18 Feb – Council Officer's Meeting – 1800 – Parish Center or on Zoom
- 18 Feb – Fr. Kekeisen Assembly Meeting at 1900 – Parish Center or on Zoom

### **NOTE:**

The Grand Knight has temporarily suspended the monthly social meeting due to social distancing caused by the China virus.



**Remember in our prayers:** Jack Banoczi, Father Golyzniak, Jimmy Carter, Mary Ann Trifletti, Butch Christensen, Fred and Melanie Seiter, Earl Depner, Don Manzanares, Laura Gomez.

Pray for our priests, deacons and for vocations to the religious life.

Pray for the repose of the soul of **Joan Durbin**.

Remember our military personnel, especially those in combat zones.

**"Ask Him to inspire a change in you every time you have thoughts of changing someone else."**

JANE TRUFANT HARVEY  
Ask Him

 Dynamic Catholic

## February Birthdays

- ❖ 01 Feb – Joseph Bailey
- ❖ 03 Feb – Brian Champion
- ❖ 03 Feb – Russell Adelgren
- ❖ 06 Feb – Tom Bailey
- ❖ 07 Feb – Al Weber
- ❖ 09 Feb – Luis Manzanares
- ❖ 09 Feb – Dave Nelson
- ❖ 11 Feb – Nick Jasper
- ❖ 14 Feb – Albert Erickson
- ❖ 18 Feb – Tomasz Sobolewski
- ❖ 19 Feb – Michael Lucero
- ❖ 20 Feb – Kris Sybrant
- ❖ 20 Feb – Rick Rank
- ❖ 22 Feb – Andy Glen
- ❖ 22 Feb – Trevor Ellis
- ❖ 24 Feb – Deacon Michael Crocker
- ❖ 24 Feb – Jeff Clear
- ❖ 25 Feb – Dennis Shabeck
- ❖ 26 Feb – Nicholas Pallisco
- ❖ 29 Feb – Patryk Kawalec

**Happy Birthday to all of our brother Knights during this cold month of February.**

## PUNDEMIC

Due to the quarantine, I'll only be telling inside jokes.

Now is not the right time to surround yourself with positive people.

The grocery stores in France look like tornadoes hit them. All that's left is de brie.

I ran out of toilet paper and had to use newspapers. Times are rough.

Finland just closed its borders. No one will be crossing the finish line.

Why do they call it the novel coronavirus? It's a long story....

I'll tell you coronavirus joke now, but you'll have to wait two weeks to see if you get it.

What do you call panic-buying of sausage and cheese in Germany? The Wurst Kase scenario.

## 4 things you can't get back:

The stone after it's thrown.

The word after it's said.

The occasion after it's missed.

The time after it's gone.



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Mike and Katherine Pietcsh receive Family of the Month Award from Grand Knight Randy Fritz



Ben Placzek receives the Knight of the Month Award from Grand Knight Randy Fritz



Oath New Third Degree Knights taken from Team Leader PFN Ed Paulovich



New Third Degree Knights presented with a Rosary of Mary



District Deputy Tony Riccardelli addresses new Knights and Degree team members



Council Chaplain Father Golyzniak offers a final prayer